SMART Goal Setting

My all goals are SMART Goals.

Please fill in the following blanks correctly and start working on your goals. If you have multiple goals then take multiple printouts of this framework. Write only one goal in one framework. If you have any confusion please watch this lesson once again.

Name of My SMART Goal	

S ---> Specific (My Goal is specific in the following way)

What to Achieve?	
Why do you want to achieve it?	
Who is Involved in it?	
Where to Do It?	
When to Do it?	
How to Do It?	

M ---> Measurable (My Goal is measurable in the following way)

How Much?	
How Many?	
How Fast?	

A -----> Achievable (My Goal is achievable due to the following reasons)

Reason - 01	
Reason - 02	
Reason - 03	

R ----> Relevant (My Goal is relevant to me due to the following reasons)

Reason - 01	
Reason - 02	
Reason - 03	

T ----> Time-Bound (My Goal is Time-Bound)

The Deadline of Goal is _____

👌 My all goals are SMART Goals 👌